

Transformational Leadership Coaching

Overview

Transformational Leadership Coaching uses a combination of two methods: **Co-Active Coaching®**, which more fully brings out what is already within a leader, and **Consulting**, which offers effective new strategies for achieving goals.

“Coaching is a powerful way of getting from where you are... to where you want to be”.

Past Client

This highly collaborative process fully engages the leader in self discovery on how to use inner strengths more effectively. Coaching also brings more awareness of the internal barriers that prevent full personal and professional power from being utilized. Barriers are transformed into strengths as the coaching discussion develops. New strategies for achieving desired outcomes are explored and tested out in the workplace and in key relationships.

Who Should Participate

- Formal and informal leaders
- Managers & Supervisors
- Management Teams

For More Information:

Contact us at (413) 527-6816 or info@boldnewdirections.com or visit www.boldnewdirections.com

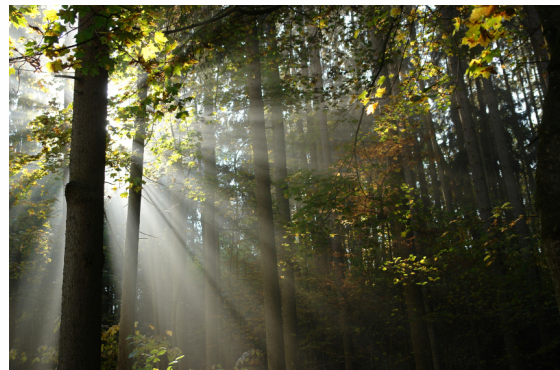
Benefits Testimonials

“Thank you for listening with a sacred heart. Your positive energy and spirit creates an atmosphere that feels safe. Your ability to hold the space allowed me to release the mental blocks that were preventing me from seeing my true potential.”

Tracey Gilmore, Director Secretan Center

“Your questions and insights brought out the best in me. I appreciate how you challenge me to practice new behaviors and approaches that I otherwise wouldn't have considered.”

David Sapper, Manager



Logistics

- In person or via phone
- 30 to 45 minute sessions
- Three sessions per month